



Westfields Play and Learn Snack Menu

February 2010



<p>Fairfax Food Service & Caterers P.O. Box 418 Newington, VA 22122 (703)550-1820</p>	<p>Fresh Fruit May include: Apple (many varieties, oranges (juice & navel) Banana, Tangerines, Cantaloupe, Watermelon, Honeydew</p>			
<p>1 AM: Graham Crackers, 2 each Milk, ½ cup PM: Butter Cookie Apple Juice ½ cup</p>	<p>2 AM: Blueberry Bread, 1 slice Milk, 1/2 cup PM: Ritz Crackers, 4 each American Cheese, 1 slice</p>	<p>3 AM: Toastio's, 1/3 cup Milk, ½ cup PM: Vanilla Pudding, ½ cup Vanilla Wafers, 4 each</p>	<p>4 AM: Strawberry Yogurt, ½ cup Graham Crackers, 2 each PM: Oatmeal Raisin Cookie, 1 each Milk, ½ cup</p>	<p>5 AM: Cereal Trail Mix, 1/3 cup Milk, ½ cup PM: Applesauce, 1/2 cup American Cheese, 1 slice</p>
<p>8 AM: Graham Crackers, 2 each Milk, ½ cup PM: Cheese Nips. 1/3 cup Citrus Punch, ½ cup</p>	<p>9 AM: Life Cereal, 1/3 cup Milk, ½ cup PM: Mini pretzels, White grape Juice, ½ cup</p>	<p>10 AM: Corn Flakes, 1/3 cup Milk ½ cup PM Applesauce, ½ cup American Cheese, 1 slice</p>	<p>11 AM: Raisin Bread, ½ slice Milk, ½ cup PM: Graham Crackers, 2 each Apple Juice, ½ cup</p>	<p>12 AM: Toastio's, 1/3 cup Milk, ½ cup PM: Goldfish, 1 ounce White Grape Juice, ½ cup</p>
<p>15 Center Closed... Staff Inservice Day!</p>	<p>16 AM: Life Cereal, 1/3 cup Milk, ½ cup PM: Oatmeal Raisin Snack, White Grape Juice, ½ cup</p>	<p>17 AM: Strawberry Yogurt, 1/2 cup Graham Crackers, 2 each PM: Mini pretzels, 8 each Milk, ½ cup</p>	<p>18 AM: Toastio's, 1/3 cup Milk, ½ cup PM: Goldfish, 1 ounce Citrus Punch, ½ cup</p>	<p>19 AM: Banana Bread Milk, ½ cup Rice Cakes, 3 each White Grape Juice, ½ cup</p>
<p>22 AM: Blueberry Bread Milk, ½ cup PM: Butter Cookie Apple Juice, ½ cup</p>	<p>23 AM: Graham Crackers, 2 each Milk, 1/2 cup PM: Ritz Crackers, 4 each American Cheese, 1 slice</p>	<p>24 AM: Plain Bagel, ½ each With Grape Jelly Milk, ½ cup PM: Breadsticks, 1 pkg. Citrus Punch, ½ cup</p>	<p>25 AM: Cheese Biscuits, 1 each Milk, ½ cup PM: Vanilla Pudding, ½ cup Banana, ½ each</p>	<p>26 AM: Mini Pretzels Milk, ½ cup PM: Graham Crackers, 2 each Orange Wedges, 4 pieces</p>